



Our Favorite Books

Contents

| | |
|---|----|
| Books that Feature Communities of Color | 2 |
| Books in English and Spanish | 5 |
| Other Children's Books | 6 |
| Chapter Books | 10 |
| Cookbooks for Children & Teens | 11 |

[GrowingGreat](#)'s mission is to empower children to make healthy food choices through hands-on science and garden education. For more information, or if you have a recommendation for our book list, please email info@growinggreat.org.

Thank you to [Del Monte Foods](#) for their support of our reading program. For hands-on, fun nutrition and STEM activities you can do in your own kitchen, visit delmonte.com/growinggreat.



Books that Feature Communities of Color

[*Adelita and the Veggie Cousins/ Adelita y las Primas Verduritas* by Diane Gonzales Bertrand](#)

Reading age: 4 - 8 years
Grade level: Kindergarten - 3

[*Auntie Yang's Great Soybean Picnic* by Ginnie Lo](#)

Reading age: 6 – 9 years
Grade level: 2 - 3

[*Bee-Bim Bop!* by Linda Sue Park](#)

Reading age: 4 - 7 years
Grade level: Preschool – 2

[*Bring Me Some Apples and I'll Make You a Pie \(A Story about Edna Lewis\)* by Robbin Gourley](#)

Reading age: 4 - 7 years
Grade level: Preschool - 3

[*Come On, Rain!* by Karen Hesse](#)

Reading age: 4 - 8 years
Grade level: Preschool - 3

[*Dalia's Wondrous Hair/ El cabello maravilloso de Dalia* by Laura Lacámara](#)

Reading age: 4 - 7 years
Grade level: 1 - 2

[*Every Night Is Pizza Night* By J. Kenji Lopez -Alt](#)

Reading age: 3 - 5 years
Grade level: Preschool - 2

[*Farmer Will Allen and the Growing Table* by Jacqueline Briggs Martin](#)

Reading age: 6 - 9 years
Grade level: Kindergarten - 2

[*Feast for 10* by Cathryn Falwell](#)

Reading age: Baby - 3 years
Grade level: Preschool and up

[*Flower Garden* by Eve Bunting](#)

Reading age: 4 - 7 years
Grade level: Preschool - 3



[Fry Bread: A Native American Family Story By Kevin Noble Maillard](#)

Reading age: 3 - 6 years
Grade level: Preschool - 1

[The Gardener /La Jardinera by Sarah Stewart](#)

Reading age: 6 years and up
Grade level: Kindergarten -3

[Go Home, River by James Magdanz](#)

Reading age: 5 – 7 years
Grade level: Preschool - 3

[Green is a Chile Pepper by Roseanne Greenfield Thong](#)

Reading age: 3 - 5 years
Grade level: Preschool - Kindergarten

[Growing Up with Tamales/Los Tamales by Gwendolyn Zepeda](#)

Reading age: 4 - 8 years
Grade level: Kindergarten - 2

[Harlem Grown by Jessie Hartland](#)

Reading age: 4 - 8 years
Grade level: Preschool - 3

[Just Ask by Sonia Sotomayor](#)

Reading age: 4 - 8 years
Grade level: Preschool - 3

[Lessons From Mother Earth by Elaine McLeod](#)

Reading age: 2 - 5 years
Grade Level: Preschool - Kindergarten

[Lola Plants a Garden /Lola planta un jardín by Anna McQuinn](#)

Reading age: 2 - 5 years
Grade level: Preschool - Kindergarten

[The Magic Garden /El Jardin Mágico by Lemniscates](#)

Reading age: 4 - 8 years
Grade level Preschool - 3

[My Hair is a Garden by Cozbi A. Cabrera](#)

Reading age: 5 - 7 years
Grade level: Preschool - 3



[No More Kimchi by Aram Kim](#)

Reading age: 3 - 7 years
Grade level: Preschool - 2

[Our Community Garden by Barbara Pollak](#)

Reading age: 4 - 8 years
Grade level: Preschool - 3

[Right This Very Minute By Lisl H. Detlefsen](#)

Reading age: 5 - 7 years
Grade level: Kindergarten - 2

[Rosita and the Night of Radishes / Rosita y la Noche de los Rábanos by Dorothy Thurgood Manning](#)

Reading age: 3 - 8 years
Grade level: 1-3

[Stone Soup by Heather Forest / Sopa de Piedras by Marcia Brown](#)

Reading age: 4 - 8 years
Grade level: Preschool - 3

[Sunflowers /Girasoles by Gwendolyn Zepeda](#)

Reading age: 5 - 8 years
Grade Level: Kindergarten - 1

[A Taste Of The World: What People Eat and How They Celebrate Around the Globe By Beth Walrond](#)

Reading age: 6 - 10 years
Grade level: 1 - 5

[The Ugly Vegetable by Grace Lin](#)

Reading age: 4 - 8 years
Grade level: Preschool - 3

[Vegetable Dreams / Huerto Sonado by Dawn Jeffers](#)

Reading age: 4 - 8 years
Grade level: Preschool - 3

[Xochitl and the Flowers / Xôchitl, la Nina de las Flores by Jorge Argueta](#)

Reading age: 6 - 9 years
Grade level: Kindergarten – 2



[Yum MmMm Qué Rico! by Pat Mora](#)

Reading age: 7 - 9 years

Grade level: 2 – 3

Books in English and Spanish

[Aqua Aqua Aqua by Pat Mora](#)

Reading age: 5 -6 years

Grade level: Preschool - Kindergarten

[The Carrot Seed /La Semilla de Zanahoria by Ruth Krauss](#)

Reading age: 4 - 8 years

Grade level: Preschool - 3

[Diary of a Worm / El Diario de una Lombriz by Doreen Cronin](#)

Reading age: 4 - 8 years

Grade level: Kindergarten - 3

[Frog and Toad Together / Sapo y Sepo inseparables by Arnold Lobel](#)

Reading age: 4 - 8 years

Grade level: 1 - 2

[The Gigantic Turnip /El Nabo Gigante by Aleksei Tolstoy](#)

Reading age: 4 - 7 years

Grade level: Preschool - 2

[Growing Vegetable Soup/ A Sembrar Sopa de Verduras by Lois Ehlert](#)

Reading age: Baby - 3 years

Grade level: Preschool

[The Little Mouse, the Red Ripe Strawberry and the Big Hungry Bear /El Ratoncito, La Fresca Roja Y Madura Y El Gran Oso Hambriento by Don and Audrey Wood](#)

Reading age: 5 - 6 years

Grade level: Preschool- 2

[The Little Red Hen /La Gallinita Roja by Carol Ottolenghi](#)

Reading age: 4 - 9 years

Grade level: Kindergarten - 2

[Milk From Cow to Carton / La Leche De la Vaca al Envase by Alike](#)

Reading age: 4 - 8 years

Grade level: Preschool - 3



[Mr. Brown Can Moo! Can You? / El Sr. Brown hace Muuu! ¿Podrías hacerlo tú? by Dr. Seuss](#)

Reading age: 2 - 5 years
Grade level: Preschool - Kindergarten

[The Thirsty Moose / El alce que tenía sed by David Orme and Mike Gordon](#)

Reading age: 5 - 7 years
Grade level: Kindergarten - 3

[The Very Hungry Caterpillar / La Oruga muy Hambrienta by Eric Carle](#)

Reading age 2 - 5 years
Grade level: Preschool - Kindergarten

Other Children's Books

[About Hummingbirds: A Guide for Children by Cathryn Sill](#)

Reading age: 3 - 7 years
Grade level: Preschool - 2

[Apples and Pumpkins by Anne Rockwell](#)

Reading age: 4 - 8 years
Grade level: Preschool - 2

[The Bear Went Over the Mountain by Iza Trapani](#)

Reading age: 2 - 5 years
Grade level: Kindergarten - 3

[Big Red Barn by Margaret Wise Brown](#)

Reading age: 2 - 3 years
Grade level: Preschool - Kindergarten

[Bread Comes to Life by George Levenson](#)

Reading age: 3 - 7 years
Grade level: Preschool - 2

[A Crash in the Night by Mary Ann Steiner](#)

Reading age: 2 - 4
Grade level: Preschool

[The Curious Garden by Peter Brown](#)

Reading age: 4 - 8 years
Grade level: Preschool - 3



[Dog Food by Saxton Freymann](#)

Reading age: 5 - 6 years
Grade level: Preschool - 1

[The Enormous Carrot by Vladimir Vagin](#)

Reading age: 5 - 6 years
Grade Level: Kindergarten - 1

[Good Enough to Eat by Lizzy Rockwell](#)

Reading age: 4 - 8 years
Grade level: Preschool - 4

[Gregory, the Terrible Eater by Mitchell Sharmat](#)

Reading age: 4 - 8 years
Grade level: Preschool - 3

[Hector and Hummingbird by Nicholas John Frith](#)

Reading age: 4 - 8 years
Grade level: Preschool - 3

[How Did That Get in my Lunchbox? by Chris Butterworth](#)

Reading age: 5 - 8 years
Grade level: Kindergarten - 3

[How Does My Fruit Grow? by Gerda Muller](#)

Reading age: 4 - 7 years
Grade level: Preschool - 2

[I Am Water by Jean Marzollo](#)

Reading age: 4 - 8 years
Grade level: Preschool - 3

[If You Give a Moose a Muffin by Laura Joffe Numeroff](#)

Reading age: 4 - 8 years
Grade level: Preschool - 2

[I Will Never Not Ever Eat a Tomato by Lauren Child](#)

Reading age: 4 - 8 years
Grade level: Preschool - 3

[Jack's Garden by Henry Cole](#)

Reading age: 4 - 8 years
Grade level: Preschool - 3



[*Jamberry* by Bruce Degen](#)

Reading age: Baby - 4 years
Grade level: Preschool - 1

[*Kate and the Beanstalk* by Mary Pope Osborne](#)

Reading age: 4 - 8 years
Grade level Preschool - 3

[*Let's Count Food* by Pamparam Kids Books](#)

Reading age: 4 – 5 years
Grade level: Preschool - Kindergarten

[*The Lonesome Pine* by Jane West](#)

Reading age: 2 - 4 years
Grade level: Preschool - Kindergarten

[*Monsters Don't Eat Broccoli* by Barbara Jean Hicks](#)

Reading age: 3 - 7 years
Grade level: Preschool - 2

[*Old MacDonald had a Farm* by A Little Golden Book](#)

Reading age: 2 - 5 years
Grade level: Preschool - Kindergarten

[*Once Upon a Parsnip* by Barbara Jean Hicks and Kevin R. Wood](#)

Reading age: 6 - 8 years
Grade level: 1 - 2

[*Pass the Celery, Ellery!* by Jeff Fisher](#)

Reading age: 7 - 12 years
Grade level: 2 - 7

[*Picking Apples & Pumpkins* by Amy and Richard Hutchings](#)

Reading age: 4 - 8 years
Grade level: Preschool - 3

[*Plant the Tiny Seed* by Christie Matheson](#)

Reading age: 4 - 8 years
Grade level: Preschool - 3

[*Poetrees* by Douglas Florian](#)

Reading age: 6 - 10 years
Grade level: 1 - 5



[*The Pumpkin Book* by Gail Gibbons](#)

Reading age: 4 - 8 years
Grade level: 1 - 3

[*Pumpkin Circle* by George Levenson](#)

Reading age: 5 - 8 years
Grade level: Kindergarten - 3

[*Pumpkin Pumpkin* by Jeanne Titherington](#)

Reading age: 4 - 8 years
Grade level: Preschool - 3

[*Rosie's Walk* by Pat Hutchins](#)

Reading age: 3 - 8 years
Grade level: Preschool - 3

[*Sir Cumference and the Dragon of Pi* by Cindy Neushwander](#)

Reading age: 8 - 12 years
Grade level: 2 - 7

[*Sir Cumference and the Off-the-Charts Dessert* by Cindy Neushwander](#)

Reading age: 8 - 12 years
Grade level: 3 - 7

[*Soybeans* by Susan Anderson](#)

Reading age: 4 - 7 years
Grade level: Preschool-3

[*Sunflower House* by Eve Bunting](#)

Reading age: 4 - 7 years
Grade level: Preschool - 3

[*Thundercake* by Patricia Polacco](#)

Reading age: 5 - 8 years
Grade level: Kindergarten - 3

[*Tops and Bottoms* by Janet Stevens](#)

Reading age: 4 - 7 years
Grade level: Preschool - 3

[*To the Market, To the Market* by Nikki McClure](#)

Reading age: 4 - 8 years
Grade level: Preschool - 3



[*Two Little Gardeners by A Little Golden Book*](#)

Reading age: 3 - 7 years
Grade level: Preschool - 2

[*The Vegetables We Eat by Gail Gibbons*](#)

Reading age: 4 - 8 years
Grade level: Kindergarten - 3

[*Water is Water by Miranda Paul*](#)

Reading age: 6 - 10 years
Grade level: 1 - 5

[*The Watermelon Seed by Greg Pizzoli*](#)

Reading age: 1- 2 years
Grade level: Preschool

[*Wiggle and Waqgle by Caroline Arnold*](#)

Reading age: 5 - 8 years
Grade level: 1 - 3

[*Wonder Of Nature by A Little Golden Book*](#)

Reading age: 3 - 7 years
Grade level: Preschool - 2

Chapter Books

[*Beans, Greens, and Grades by D.S Venetta*](#)

Reading age: 7 - 10 years
Grade level: 2 - 5

[*Dr. Wangari Plants a Forest by Rebel Girls*](#)

Reading age: 6 - 9 years
Grade level: 1 – 4

[*Garden of Stories/ Jardin de Cuentos by Jim Sagel*](#)

Reading age: 12 years and up
Grade level: 3 - 4

[*Show Me the Green! by D.S Venetta*](#)

Reading age: 3 - 8 years
Grade level: Kindergarten – 3



[*Space Battle Lunchtime: A Recipe for Disaster \(Volume 2\)* by Natalie Riess](#)

Reading age: 9 - 12 years
Grade level: 4 - 7

[*Space Battle Lunchtime : Lights, Camera, Snacktion! \(Volume 1\)* by Natalie Riess](#)

Reading age: 9 - 12 years
Grade level: 4 - 7

[*Stef Soto, Taco Queen / Stef Soto, La Reina del Taco* by Jennifer Torres](#)

Reading age: 8 - 12 years
Grade level: 3 - 7

Cookbooks for Children and Teens

[*A Teen Guide to Eco-Gardening, Food, and Cooking* by Jen Green](#)

Reading age: 11 - 14 years
Grade level: 6 - 8

[*Cocina Sana con Pizca de Sabor* con Chef Karla Hernandez](#)

Reading age: 11 years and up
Grade level: 6 and up

[*The Complete Cookbook For Young Chefs* by America's Test Kitchen Kids](#)

Reading age: 8 – 12 years
Grade level: 4 - 8

[*Cook with Amber: Fun, Fresh, Recipes to Get You in the Kitchen* by Amber Kelly](#)

Reading age: 13 years and up
Grade level: 8 years and up

[*Eat Fresh Food: Awesome Recipes for Teen Chefs* by Rozanne Gold](#)

Reading age: 12 - 18 years
Grade level: 9 - 12

[*Everybody Can Cook* by Cricket Azima](#)

Reading age: 5 - 7 years
Grade level: 1 - 2

[*Teen Cook: How to Cook What You Want to Eat* by Megan & Jill Carle with Judi Carle](#)

Reading age: 12 - 15 years
Grade level: 7 - 9